

At Staks! we want to contribute to the sustainability of our local and regional community by sourcing ingredients from sustainable farms whenever possible.

## SOPHISTICATED STAKS!

### Chocolate Raspberry 8.95

chocolate fans will love this rich, dark Stak of devil's food goodness topped with fresh raspberries and whipped cream

### Lemon Ricotta 8.95

our lightest Stak, this masterpiece is infused with the juice and zest of fresh lemons, fresh blueberries and powdered sugar

## Create Your Own Stak

### Buttermilk Pancakes

a light standard that will change the way you think of pancakes!

#### SHORT STAK 3.95 4 PANCAKES

#### TALL STAK 5.95 6 PANCAKES

#### GLUTEN FREE SHORT STAK 3.95 4 PANCAKES

#### GLUTEN FREE TALL STAK 5.95 6 PANCAKES

### Oreo-Praline 8.95

the classic sandwich cookie, our rich chocolate Stak and a decadent oreo cream cheese filling were made for each other - and you!

### Cinnamon Roll 8.95

the traditional pastry treat meets our sweetest Stak in a swirl of cinnamon delight with a vanilla glaze

### Birthday Cake 8.95

our vanilla-glazed, rainbow-sprinkled Stak even has a candle to help you celebrate any occasion!

## Stak 'Em Yourself

Indulge your inner chef with a squeeze bottle of our signature buttermilk batter - pour and grill your own Short Stak!

### 3.95

**TOPPINGS** choose any of these toppings to customize your stak

**.95**

CHOCOLATE CHIPS, WHITE CHOCOLATE CHIPS, SPRINKLES, BLUEBERRIES, STRAWBERRIES, BANANAS, RASPBERRIES

**1.25**

TOFFEE BAR PIECES, PECANS, HOUSE-MADE GRANOLA, WHIPPED CREAM, COOKIE BUTTER, PRALINE SAUCE, CRUMBLLED BACON, CRUMBLLED SAUSAGE

**1.25**

100% PURE GRADE A DARK AMBER MAPLE SYRUP, RASPBERRY SAUCE, BLUEBERRY SAUCE

## EGGS, OMELETTES, AND OTHER FAVORITES

SERVED WITH CHOICE OF HASHBROWNS, HOUSE-MADE CHIPS, GOUDA GRITS, OR FRUIT

Our egg and side dishes feature local, West Wind Farms pastured hen eggs and Hanna Farms (non GMO) grits. Our meats feature local Porcellino's house-cured bacon, TN based Winchester Farms Spicy Sausage Patty, Chicken Sausage Links, and Smoked Ham

### 2 Eggs any style 6.95

eggs served with a house-made buttermilk biscuit and your choice of hashbrowns or Gouda Grits

### 2 Eggs with Meat 8.95

eggs any style with your choice of meat

### Pig and Chicken 11.95

our lean center-cut boneless pork loin is pounded thin, breaded and fried, with 2 eggs any way you like 'em

### Smoked Salmon Omelette 12.95

forget the bagel! our low carb version of the classic combination of smoked salmon, capers, cream cheese and pickled onions wrapped in three fluffy eggs, topped with a balsamic drizzle

### Ratatouille Omelette 10.95

the traditional French Provencal stewed vegetable casserole on top of a 3 egg omelette, topped with a balsamic drizzle

**We cook eggs to the guest's preference. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.**

## Create Your Own Omelette 4.95

mix and match from our list of ingredients to make your perfect omelette

#### INGREDIENTS

choose any of these toppings to customize your omelette

**1.25**

BACON CRUMBLES, SAUSAGE CRUMBLES, OR SMOKED HAM

**.95**

CHEDDAR, WHITE CHEDDAR, MONTEREY JACK, SWISS, BLEU CHEESE, GOAT CHEESE, HOUSE-MADE MOZZARELLA, PARMESAN CHEESE, SMOKED GOUDA CHEESE

**.75**

ONIONS, SCALLIONS, MUSHROOMS, SPINACH, GREEN OR RED BELL PEPPER, TOMATO

**1.25**

AVOCADO

### Huevos Rancheros 9.95

a favorite with corn tortilla, black beans, fresh red chili salsa, monterey jack cheese, and spicy sausage, topped with 2 fried eggs

### Breakfast Burrito 10.95

a flour tortilla wrapped around spicy sausage, scrambled eggs, onions, bell peppers, monterey jack cheese and fresh salsa, then lightly fried

### No-Burrito Bowl 9.95

a knife and fork, low-carb combination of spicy sausage, scrambled eggs, onions, bell peppers, monterey jack cheese and fresh salsa

### Power Breakfast 9.95

2 egg whites, chicken sausage, fresh sliced tomatoes and avocado

### Shrimp N Grits 11.95

2 poached eggs top off our creamy smoked Gouda grits with Gulf shrimp

### French Toast 6.95

brioche dipped in a vanilla-infused egg and milk mixture, then fried golden brown

### Corned Beef Hash 8.95

corned beef, prepared with hashbrowns and onions, topped with 2 fried eggs

### Chicken n Biscuit 8.95

knife and fork version of our hand-breaded chicken tenderloin on a scratch buttermilk biscuit with a sriracha honey glaze

## A LA CARTE

### Pancake Beignets 5.95

**With your choice of glaze: caramel, vanilla, or chocolate.**

Little spheres of pancake batter, deep-fried and filled with sweetened cream cheese, then drizzled with your choice of glaze

### Sausage Skewers 5.95

chicken sausage dipped in pancake batter and deep fried

### STAK'd Bacon 4.95

How can Porcellino's bacon be better? Here's how: choose from Parmesan, sriracha-jerk, candied, or the sampler with one of each.

### Side of Pig 4.95

side order of Porcellino's bacon, Winchester Farms Spicy Sausage, Chicken Sausage Links or smoked Ham

### Power Stak 6.95

your healthy indulgence: a parfait of house-made granola, vanilla Greek yogurt and fresh fruit

### Two Eggs 3.25

### Gouda Grits 3.5

### Hashbrowns 2.25

### Biscuit 1.25

### Cup of Fruit 3.25

Due to the handcrafted nature of our menu items, variations in vendor-supplied ingredients, and our use of shared preparation areas, we cannot ensure that our restaurant environment or any menu item will be completely free of gluten, nuts or any other allergens.

## SOUP & SALAD

### Tomato-Basil Soup 4.95/6.95

our creamy tomato basil soup with grilled cheese croutons. Yeah, grilled cheese croutons!

### House Salad 4.95

### Soup and Salad 9.95

#### DRESSINGS ALL MADE IN-HOUSE

Ranch, Honey Mustard, Balsamic, Blue Cheese and Seasonal

## SANDWICHES

sandwiches served with choice of hashbrowns, house-made chips, gouda grits, or fruit

### World's Greatest Sandwich 9.95

our thick cut bacon, Monterey Jack cheese, butter lettuce, tomato, mayo and an over medium egg on ciabatta

### Patty Cake 9.95

traditional patty melt takes a twist in a rye pancake.

### Grilled Cheese 7.95

Buttery brioche and a blend of cheeses make simple taste better than ever

### Bacon-Tomato Grilled Cheese 9.95

a favorite of management with bacon and tomato slices

### Cobb Salad 10.95

the classic- grilled chicken, egg, bacon, tomato, avocado and bleu cheese with your choice of dressing

### Caprese Stak 9.95

our very own house-made mozzarella, thick tomato slices, and fresh basil stacked high and drizzled with our balsamic vinaigrette

### Caprese Grilled Cheese 8.95

house made mozzarella, tomato, and basil turn this salad into one great sandwich

### Smoked Salmon de Provence 12.95

The sandwich alternative to our Smoked Salmon Omelette, plus butter lettuce on ciabatta

### Memphis Hot Brown 10.95

Let Kentucky have their coach and their sandwich--we've re-imagined this classic for a pork-loving town! On a base of brioche, we've added a thin pork cutlet, grilled and topped with sliced tomato, bacon and Mornay sauce, sprinkled with Parmesan, then broiled to golden brown perfection.

# Keep The Change

## At Staks!, we do not accept tips.

No, the tip is not included. Nor is it added into the costs we deliver to you. The fact is, we pay our employees more than other restaurants. This philosophy is a change from the norm. We make up the difference by sourcing and offering local ingredients that are more cost-effective, better for the local economy, and honestly, taste better. Also, the increased pay keeps our staff invested. The change in the way we do business helps you, the consumer.

So keep the change and we promise to do the same.

## KIDS MENU

each served with a side of fresh fruit or house made chips, and a soft drink or milk ( add \$1 for Juice )

### Kid Pancake Dog 4.95

Chicken Sausage Link dipped in Pancake batter and fried

### Kid Chicken Strips 4.95

2 of our hand battered chicken strips

### Kid Grilled Cheese 4.95

A favorite classic

### Kid Stak 4.95

2 pancakes

## DRINKS

### COFFEE

ESPRESSO 1.99  
DOUBLE ESPRESSO 2.99  
CAPPUCCINO 3.95  
LATTE 3.95  
CARAMEL MACCHIATO 4.50

CAFE AU LAIT 2.95  
CAFE MOCHA 3.95  
CAFE BRULE 3.95  
TOASTED S'MORE 3.95  
PEPPERMINT LATTE 3.95

COLD BREW COFFEE 2.95  
NITRO COFFEE 4.95  
AFFOGATO 4.95  
J. BROOKS COFFEE 2.95 w/refills

### 2.45

COKE, DIET, COKE, SPRITE, DR. PEPPER, ROOT BEER, LEMONADE, ICED TEA, HOT TEA

### 3.50

FRESH SQUEEZED ORANGE, GRAPEFRUIT JUICE

### 2.95

CRANBERRY, APPLE, V-8, PINEAPPLE

### 2.45

MILK, SKIM MILK, ALMOND MILK, CHOCOLATE MILK



GET SOME STAKS! TO GO!

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